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About Debbie DeMoss Compton

"I'm a full-time caregiver...when did that happen?" Debbie DeMoss Compton had somehow gone from high-level corporate executive to caregiver for her mother-in-law, her dad, and then her own mom, whom she still cares for.

In her book "Caregiving: How to Hold On While Letting Go," Debbie shares her hard-earned knowledge, perspective, and her deep faith in God. Just as important, she says, is stepping back and not only seeing, but rejoicing in the love, blessings, and yes, the humor weaved throughout any caregiver's or care recipient's world.

Turning her experiences into a blessing for others is just a given for Debbie. She's authored nine books (and counting) geared to readers young, old, and everyone inbetween.

Debbie is a speaker on caregiver and dementia issues. She has been a Community Educator for the Alzheimer's Association since 2017, and she is both a Certified Caregiving Consultant and a Certified Caregiver Advocate.

Debbie and her husband Bob live in Oklahoma with their Chiweenie, Link. (Shhh...it's a secret. He thinks

he's a human.) They have four adored children and six even more

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adored grandchildren. Debbie loves tending her garden of berries, vegetables, and flowers.

Visit Debbie's website and blog, www.ThePurpleVine.com Written especially with caregivers in mind, she shares her story, resources, inspiration, and some good oldfashioned laughs.

Contact Debbie at debcompton1@gmail.com or on LinkedIn at https://linkedin.com/in/debbiecompton-speaker-author-caregiver

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